

# Diabetes Awareness

Diabetes is a serious lifelong health condition that occurs when the amount of glucose, or sugar, in the blood is too high. If left untreated, high blood glucose levels can cause serious health complications.

Diabetes can develop in anyone at any point in their life although there are certain groups and age ranges where it is more common. There are a range of symptoms that could indicate that someone had Diabetes, these range from excessive thirst to feeling more tired than usual. It is believed that up to 26% of residential and nursing home residents have Diabetes so being able to recognise the symptoms and knowing how you can help them to manage the condition is essential.

This course is aimed at people working in the health and social care sector and will provide an overview of the condition, the common symptoms that might indicate someone has diabetes, methods of diagnosis, some possible treatments and common complications that can affect those with the condition.

Course	Module Number	Module Name	Pass % Required
Diabetes Awareness	1	Diabetes – What it is and its Prevalence	70
Diabetes Awareness	2	Symptoms, Diagnosis & Treatment	70
Diabetes Awareness	3	Complications	70

## Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 45 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)